


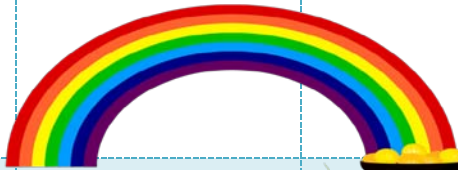




# MARCH 2013

## Elementary Breakfast and Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday	Thursday	Friday 1
				Chicken Fried Steak Ham & Cheese Sandwich Meatloaf Mashed Potatoes Sliced Peaches Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fruit Selection Variety of Milk
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Soft Beef Taco Beef Ravioli Grilled Chicken Salad Chicken Nuggets Steamed Broccoli Fresh Fruit & Vegetable Bar Variety of Milk Breakfast French Toast Sticke /w/syrup Fresh Fruit Selection Assorted Low Sugar Cereal	Beefy Macaroni Hot Dog Grilled Cheese Sandwich Roasted Chicken Green Beans Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Oatmeal Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Cheese Pizza Hamburger Vegetable Lasagna Chicken Patty Sandwich Italian Vegetables Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal	Sun Butter Sandwich Roasted chicken Chicken Parmesan Chicken Burrito Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Lemon Pepered Chicken Pepperoni Pizza Cheese Enchilada Spanish Rice Black Beans Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Kolache Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Grilled Cheese Sandwich Chili Baked Potato Spaghetti Green Beans Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Hamburger Chicken Nuggets Sausage Pizza Hot Dog Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Chicken Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Sun Butter Sandwich Corn Dog Chef Salad Macaroni & Cheese Sliced Peaches Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Fried Steak Turkey Pot Pie Meatloaf Mashed Potatoes Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Oatmeal Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Lemoned Pepered Chicken Beefy Ravioli Bean & Cheese Taco Mixed Vegetables Sliced Peaches Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Chicken Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Asian Fajita Chicken Teriyaki Vegetables Sun Butter Sandwich Sausage Pigzza Steamed Broccoli Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Meatloaf w/gravy Chicken Burrito Sloppy Joe Steamed Carrots Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes w/sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Tamale Pie Chicken Nuggets Hamburger Black Beans Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Egg & Cheese Burritos Fresh Fruit Selection Assorted Low Sugar Cereal	BBQ Chicken Cheese Enchiladas Tuna Wrap Steamaed Corn Sliced Peaches Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Gravy & Bisvcuit Fresh Fruit Selection Assorted Low Sugar Cereal	No School
				<b>Meal Prices</b> <b>Paid: \$2.50</b> <b>Reduced: \$0.40</b> <b>Adult: \$3.75</b> <b>Paid Breakfast: \$2.00</b> <b>Reduced Breakfast: \$0.30</b> <b>Adult Breakfast: \$2.00</b>
<b>Food Service Director: Insert Name :: Phone: (602) 555-1212 :: Email: johndoe@stellc.org</b>				

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