



MARCH 2013

Secondary Breakfast and Lunch Menu

Insert District Logo Here

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday	Thursday	Friday 1
				Chicken Fried Steak Ham & Cheese Sandwich Meatloaf Sausage Pizza Mashed Potatoes Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Soft Beef Taco Beef Ravioli Grilled Chicken Salad Chicken Nuggets Sausage Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal	Beefy Macaroni Hot Dog Grilled Cheese Sandwich Roasted Chicken Meat lovers Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast oatmeal Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Hamburger Vegetable Lasagna Chicken Patty Sandwich Salad Sausage Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal	Sun Butter Sandwich Parmesan Chicken Roasted Chicken Chicken Burrito Sausage Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Lemon Peppered Chicken Pepperoni Pizza Cheese Enchilada Black Beans Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Kolache Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Bean and Cheese Tostada Spaghetti Italian Salad Steamed Corn Tomato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Hamburger Chicken Nuggets Sausage Pizza Hot Dog Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Chicken Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Corn Dog Sun Butter Sandwich Chef Salad Macaroni & Cheese Pepperoni Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Scrambled Eggs Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Fried Steak Turkey Pot Pie Meatloaf Sausage Pizza Mashed Potatoes Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Oatmeal Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Lemon Peppered Chicken Bean & Cheese Taco Beef Ravioli Pepperoni Pizza Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Chicken Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Asian Fajita Chicken Pasta Lo Mein Cheese Pizza Pepperoni Pizza Sun Butter Sandwich Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Meatloaf Chicken Burrito Sloppy Joe Spicy Chicken Sandwich Meat lover's Pizza Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Tamale Pie Chicken Nuggets Hamburger Cheese Pizza Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Egg & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	BBQ Chicken Cheese Enchilada Cheese Pizza Meat lovers Pizza Steamed Corn Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Gravy & Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	No School
				Meal Prices Paid: \$2.50 Reduced: \$0.40 Adult: \$3.75 Paid Breakfast: \$2.00 Reduced Breakfast: \$0.30 Adult Breakfast: \$2.00 Milk: \$0.50
				Check out our Daily Selections!
Kate Sexton 806-272-7306 e-mail ksexton@muleshoeisd.net				

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