



# Sudan High School Lunch Menu

Fruit and vegetables offered daily.

September  
2021

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## MONDAY

## TUESDAY

## WEDNESDAY 1

- Classic Cafe** Ham & Tater Tot Bake, Cinnamon Roll
- Diner Station** BBQ Burger, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab & Go** Turkey Ranch Wrap
- Sides** Romaine Salad, Celery Sticks, Canned Fruit, \*\*Rice Krispy Treat\*\*

## THURSDAY 2

## FRIDAY 3

## EXTRA INFO

- Classic Cafe** Sloppy Joe on a Bun, Golden French Fries
- Diner Station** Chicken Patty on Bun, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab & Go** Chef Salad
- Sides** Coleslaw, Broccoli Florets, Canned Fruit

- Classic Cafe** Egg Bake, Pancakes w/Strawberry and Syrup
- Diner Station** Corn Dog, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Supreme Pizza
- Grab & Go** Buffalo Chicken Wrap
- Sides** Breakfast Potatoes, Baby Carrots, Fruit Variety

### Harvest of the Month



Choice of Milk: 1% White or Chocolate  
For questions please contact:  
Grace Croyle- Food Service Director  
gcroyle@sudanisd.net

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6  
MONDAY

NO SCHOOL-LABOR DAY!

7  
TUESDAY

- Classic Cafe** Buffalo Chicken Tots, Garlic Toast
- Diner Station** BBQ Rib Sandwich, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Veggie Pizza
- Grab & Go** Taco Salad w/Chips
- Sides** Broccoli Salad, Cherry Tomato, Canned Fruit

8  
WEDNESDAY

- Classic Cafe** Fiesta Taco Mac, Garlic Toast
- Diner Station** Pizza Dippers, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab & Go** Buffalo Chicken Pasta Salad
- Sides** Roasted Garbanzo Beans, Cucumber Slices, Fresh Fruit Bar, \*\*Churro\*\*

9  
THURSDAY

- Classic** Roast Turkey & Gravy, Whole Grain Dinner Roll, Mashed Potatoes
- Diner Station** Hawaiian Ham Sliders, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab & Go** Crispy Chicken Wrap
- Sides** Steamed Corn, Broccoli Florets, Fresh Fruit Bar

10  
FRIDAY

- Creation Station** Taco Bar, Steamed Corn
- Diner Station** Chicken Tenders w/BBQ, Dinner Roll, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Grab & Go** Chef Salad
- Sides** Green Pepper Slices, Cherry Tomato, Fruit Variety

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MONDAY

- Classic** Italian Meatball Sub, Potato Wedges
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll
- Pizza Station** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Grab & Go** Crispy Chicken Wrap
- Sides** Baby Carrots, Broccoli Florets, Fresh Fruit Bar

16

THURSDAY

- Classic** Chicken Alfredo w/Pasta, Garlic Toast
- Diner Station** Ham & Pepperoni Melt, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab & Go** Turkey Deli Sandwich
- Sides** Romaine Salad with Tomato, Broccoli Florets, Canned Fruit Bar

14

TUESDAY

- Classic** Chicken Fried Rice, Garlic Breadstick
- Diner Station** Cheeseburger on Bun, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab & Go** Ham Deli Sandwich
- Sides** Roasted Broccoli, Cucumber Slices, Canned Fruit

17

FRIDAY

- Creation Station** Build Your Own Sub, Chips
- Diner Station** Cheeseburger on Bun, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Mac & Cheese Pizza
- Grab & Go** Crispy Chicken Salad
- Sides** Baby Carrots, Caesar Salad, Fruit Variety

15

WEDNESDAY

- Classic Station** Beefy Nachos w/Cheese Sauce, Lettuce, Tomato and Cheese
- Diner Station** Spicy Chicken Patty on Bun, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab & Go** Asian Chicken Salad
- Sides** Spicy Pinto Beans, Baby Carrots, Fresh Fruit Bar, \*\*Ice Cream Cup\*\*

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### 20

## MONDAY

- Creation Station** Wing Bar, Potato Wedges, Garlic Breadstick
- Diner Station** Spicy Chicken Patty on Bun, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Grab & Go** Southwest Chicken Salad
- Sides** Baby Carrots, Celery Sticks, Fresh Fruit Bar

### 23

## THURSDAY

- Classic Station** The "Mac" Flatbread, Kettle Potato Chips
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab & Go** Chef Salad
- Sides** California Blend Vegetable, Broccoli Florets, Canned Fruit

### 21

## TUESDAY

- Classic Station** Turkey Flatbread, Cucumber Ranch Salad
- Diner Station** Corn Dog, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab & Go** Buffalo Chicken Wrap
- Sides** Cucumber Ranch Salad, Celery Sticks, Canned Fruit

### 24

## FRIDAY

- Creation Station** Nacho Bar, Corn
- Diner Station** Spicy Chicken Patty on Bun, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Supreme Pizza
- Grab & Go** Buffalo Chicken Salad
- Sides** Garden Salad, Cucumber Slices, Fruit Variety

### 22

## WEDNESDAY

- Classic** Tex Mex Bowl, Mexican Brown Rice
- Diner Station** Cheeseburger on Bun, Golden French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab & Go** Crispy Chicken Salad
- Sides** Black Beans, Baby Carrots, Fresh Fruit Bar, \*\*Birthday Cake\*\*

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MONDAY

- Classic** Popcorn Chicken Bowl, Biscuit
- Diner Station** Salisbury Steak Sandwich, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza
- Grab & Go** Chef Salad
- Sides** Cheesy Mashed Potatoes, Cucumber Slices, Fresh Fruit Bar

30

THURSDAY

- Classic Station** \*\*Hometown Favorite\*\*, Western Burger, Kettle Potato Chips
- Diner Station** Chicken Patty on Bun, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab & Go** Taco Salad w/Chips
- Sides** Caesar Salad, Cucumber Slices, Fresh Fruit Bar

28

TUESDAY

- Classic** Italian Pasta Bake, Garlic Breadstick
- Diner Station** Chicken Nuggets, Dinner Roll, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab & Go** Turkey BLT Salad
- Sides** Italian Tossed Salad, Cucumber Slices, Fresh Fruit Bar

FRIDAY

29

WEDNESDAY

- Classic** Roast Pork & Gravy, Whole Grain Dinner Roll
- Diner Station** Hot Ham & Cheese Sandwich, French Fries
- Pizza Station** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab & Go** Chef Salad
- Sides** Mashed Potatoes, Baby Carrots, Canned Fruit, \*\*Cookie\*\*

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