

Sudan High School Breakfast Menu

Fuel up with Breakfast!

January
2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Happy New Year!!	2 No School	3 No School
6 No School	7 Breakfast Toaster Sandwich Choice of Cereal Graham Crackers Fruit Selection Fruit Blend Juice Choice of Milk	8 Cinnamon Roll Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	9 Easy Egg Bake Whole Grain Toast Choice of Cereal Graham Crackers Fruit Selection Orange Juice Choice of Milk	10 Biscuits and Gravy Choice of Cereal Graham Crackers Fruit Selection Grape Juice Choice of Milk
13 Fluffy Pancakes Syrup Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	14 Breakfast Sandwich Choice of Cereal Graham Crackers Fruit Selection Fruit Blend Juice Choice of Milk	15 Blueberry Muffin Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	16 Cinnamon Roll Choice of Cereal Graham Crackers Fruit Selection Orange Juice Choice of Milk	17 Scrambled Egg Bacon Whole Grain Toast Choice of Cereal Graham Crackers Fruit Selection Grape Juice Choice of Milk
20 No School	21 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Fruit Selection Fruit Blend Juice Choice of Milk	22 Banana Loaf Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	23 Breakfast Taco Hot Sauce Choice of Cereal Graham Crackers Fruit Selection Orange Juice Choice of Milk	24 Sausage Biscuit Choice of Cereal Graham Crackers Fruit Selection Grape Juice Choice of Milk
27 Glazed Donut Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	28 Chicken Breakfast Biscuit Choice of Cereal Graham Crackers Fruit Selection Fruit Blend Juice Choice of Milk	29 Breakfast Flatbread Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Apple Juice Choice of Milk	30 Waffles Syrup Choice of Cereal Graham Crackers Fruit Selection Orange Juice Choice of Milk	31 Breakfast Burrito Choice of Cereal Graham Crackers Fruit Selection Grape Juice Choice of Milk

PRICES

Student
Extra Milk

Free
\$.75

EXTRA INFO

Choice of Milk: 1% White or Chocolate

SERVED DAILY- YOGURT BAR

For questions please contact:
Tonya Draper- Food Service Director
tonyadraper@sudanisd.net

Entrée Salads served with a grain.

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



www.taher.com